

**2001 California Children's Healthy Eating and Exercise Practices Survey**

**Table PP! 4: Proportion of Children Who Reported Eating Fruits and Vegetables<sup>1</sup>  
at Meal and Snack Times by Who Prepares the Meal or Snack (Phone Sample)**

How many servings of fruits, vegetables, 100% juices, or salads did you eat/drink?

During the school week, who most often makes breakfast/lunch/dinner for you?

During the school week, who most often makes after-school/evening snacks for you?

	<b>Children Eating 1 or More Servings of Fruits or Vegetables at Meals, Percent</b>		
<b>Meal Times</b>	<b>Mom/Dad/Adult Makes Meal</b>	<b>Child Alone or with Child Makes Meal</b>	<b>School Makes Meal</b>
Breakfast	29	12	54
Lunch	55	68	60
Dinner	61	80	N/A

	<b>Children Eating 1 or More Servings of Fruits or Vegetables at Snacks, Percent</b>	
<b>Snack Times</b>	<b>Mom/Dad/Adult Makes Snack</b>	<b>Child Alone or with Child Makes Snack</b>
Morning Snack	N/A	N/A
After-School Snack	11	9
Evening Snack	3	9

<sup>1</sup> Excludes fried vegetables, which primarily consisted of fried potatoes.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

\* p<.05

\*\*\* p<.001